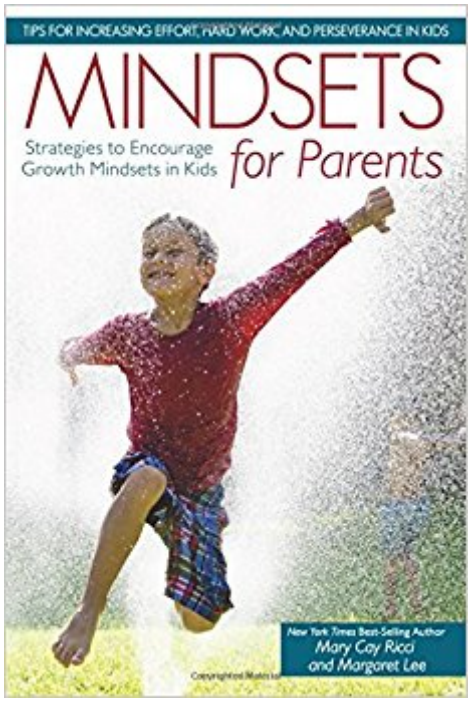
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# Mindsets For Parents: Strategies To Encourage Growth Mindsets In Kids




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## Synopsis

All parents want their children to be successful in school, sports, and extracurricular activities. But it’s not just about giving your kids praise or setting them on the right direction. Research shows that success is often dependent on mindset. Hard work, perseverance, and effort are all hallmarks of a growth mindset. That’s whereÃ Â Mindsets for Parents: Strategies to Encourage Growth Mindsets in KidsÃ Â comes in. Designed to provide parents with a roadmap for developing a growth mindset home environment, this book’s conversational style and real-world examples make the popular mindsets topic approachable and engaging. It includes tools for informally assessing the mindsets of both parent and child, easy-to-understand brain research, and suggested strategies and resources for use with children of any age. This book gives parents and guardians powerful knowledge and methods to help themselves and their children learn to embrace life’s challenges with a growth mindset and an eye toward increasing their effort and success!

## Book Information

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## Customer Reviews

I think using the ideas in this book about how to praise students and give them feedback in order to encourage a growth mindset can help lead students to discover they have many more talents than they realized . . . I enjoyed reading this book and will probably read it again. I felt like I got some wonderful, practical ideas that I can use when working with math students and with teachers who work with students, my own children, and even my nephews. If you interact with children at all, I would strongly recommend this book. --Lori Hochstetler, MiddleWebThis thorough study of a

method for helping children learn and succeed should be of interest to adults looking for guidance in these areas. --Vicki Foote, Children's LiteratureThe authors succeed in relating the research and guidance in a very understandable way in a succinct 150 pages. Their advice and examples will appeal to a wide target audience of parents, ranging from those with young children to college-age youth. Ricci and Lee provide many illustrations about how parents' feedback can focus on children's effort, strategy, and persistence rather than assumed inherent abilities. --Steven A. Meyers, APA PsycCRITIQUES

Mary Cay Ricci is an education consultant, speaker, and author of the New York Times best-selling education title, Mindsets in the Classroom and its companion book, Ready-to-Use Resources for Mindsets in the Classroom.Margaret Lee is an education administrator and consultant in Maryland. Over the last 20 years, she has been a teacher, professional learning specialist, and school administrator.

I read this book for a two-part parent book discussion at my son's school. Growth mindset and fixed mindset were terms I was only vaguely familiar with before reading this book. Afterwards I was intimately aware of their meaning. In that sense this book was a terrific overview of these concepts for parents.I took the quiz at the beginning of the book and was not too surprised to discover that I have a rather fixed mindset about learning and ability. I was praised for being smart my whole life, and I strongly believe that my ability is based on something innate within me. And I feel the same about my son. This book did point out that emphasizing intelligence over hard work can make it difficult for children when they're faced with new experiences requiring skills that they don't already possess. I know I have always shied away from things that I don't do well.Coupled with the book discussion with our school's vice principal, I learned a lot about how to speak to my son about perseverance and persistence. I have found myself trying to encourage him to try again or put forth some additional effort in the things he's been doing lately - video games, building marble tracks, etc. I am still struggling with the academic side of things because it comes rather easily to him, but I know we can use other areas, i.e. sports, etc., to help him build a growth mindset that will help him all throughout his life.This book features a decent amount of concrete examples for children of all ages. But without talking to other parents, I don't know that it would have been quite as effective for me. As I said above, it's a great introduction, but parents truly looking to implement growth mindset practices may need to go further in their studies.Blog: Mom's Radius

This book is absolutely excellent and I recommend it for everyone who has a child in their life. We tend to be praising the wrong things and when you read this, it makes total sense to change from a Fixed Mindset to a Growth Mindset. I'm working on changing my mindset so I can be a better Grammy! 5 Stars!

Great book. All parents should read it. It might give you some new ideas or validate some strategies parents already use.

Good read

This is a must have for all parents. I wish I would have read this when my children were younger. Very easy to read. The scenarios and reflection tools make the concept of mindset realistic and practical. I learned so much from the book and I know every parent will do the same. This is a game changer for raising kids.

Great read for parents!

A must read for parents, educators, and coaches! An easy read and strategies are simple yet powerful. An entire chapter is devoted to sports and has great perspective on encouraging athletes to be reflective and set goals for personal growth. As the wife of a coach, I loved the list of encouraging praise to use on the sidelines. A book I will read and reread.

This is a must read for everyone that works with children and even if you don't. Employers and leaders everywhere should get the mindset that this book proposes. I have been working with children for 8 years and I wish I could have read this earlier. I know have a 2 year old and I find this book so helpful to remind myself that I would never say my 2 year old will not learn to say complex words or tie his shoes. Why would I set limitations on my 5th grade students. Many of them come in with a mindset they they can't do math or writing. My lessons are to teach them to love math and writing throughout the year. Many of my students learn that lesson and encourage mistakes and therefore take calculated risks.After 5 girls that were all different in learning styles my mom had to figure it out. I remember my sisters not understanding my mom for praising me for reading books 2 grades below where I was in school. They attempted to classify me as special education and retain me. I learned to read by my mother taking me to learn piano. I owe so much to my mother. She was

the first teacher to push me and know that I would learn and at high levels. She told me when I called myself stupid, "others will call you that plenty, don't you dare do it yourself. You will start to believe it yourself if you call yourself it." So thank you Meg Lee and Mary Cay Ricci for writing a book so more children will have moms like mine! Page 30... We call my mom Pollyanna... She always points out the good even when your world is crumbling. No pity parties with her! Wonderful read! I hope many will read and learn about this!Mindset is everything, I should say that I never was retained but instead ended up in Advanced Placement in high school classes and honors. I was in National Honors society in high school and was in two honors societies in college. I graduated with honors in college and have my Masters and one day aspire to have my doctorate. Change the way you speak and it could change yours child's attititude!

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